



# Southern Shield

## Good/ Best Practice feedback

Nature of works

Manual handling

Date of good practice note

September 2017

### Push Poles



#### Description of the good practice

Stops banksmen from touching suspended loads when lifting or lowering via lifting appliance.

#### What are the benefits?

Immediately reduces the risk of manual handling injuries mainly to fingers and hands.

#### Are there any drawbacks?

Teams need to have these with them when loads are being lifted and to ensure it is common practice rather than hunting around for the equipment when carrying out a lift. You need a couple of poles with each item of plant undertaking lifting.

#### Supporting Information

<http://stiffpushpoles.com/stiffy-hand-tool>